

# Practice Routine No. 2

\*Be sure to tune before each practice.

## 1. Left hand exercises:

Starting with 4

4-3-2-1 4-2-1-3 4-1-3-2  
4-3-1-2 4-2-3-1 4-1-2-3

Starting with 3

3-2-1-4 3-1-4-2 3-4-2-1  
3-2-4-1 3-1-2-4 3-4-1-2

Starting with 2

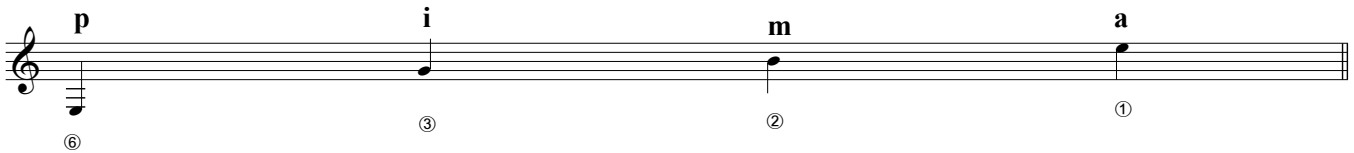
2-1-4-3 2-4-3-1 2-3-1-4  
2-1-3-4 2-4-1-3 2-3-4-1

Starting with 1

1-4-3-2 1-3-2-4 1-2-4-3  
1-4-2-3 1-3-4-2 1-2-3-4

## 2. Right hand arpeggio exercises:

set fingers on these strings:



Patterns:

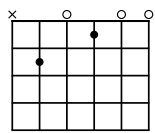
- #1: p-i-m-a
- #2: p-i-a-m
- #3: p-m-a-i
- #4: p-m-i-a
- #5: p-a-i-m
- #6: p-a-m-i
- #7: p-i-m-a-m-i
- #8: p-a-m-i-m-a

These can be played:

- A: Across the four strings.
- B: Playing the first two fingers simultaneously.  
ex.: p-i-m-a = p and i at the same time, then play m, a.
- C: On a single string

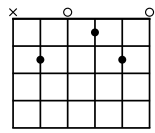
## 3. Rasgueado (strumming) exercises to the *Farrucas* chord progression.

Strum with *i*. (first row twice, second row once)



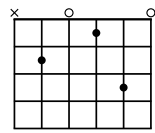
down - up

Dm



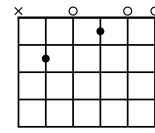
down - up

Am



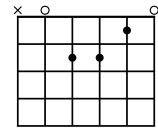
down - up

E7

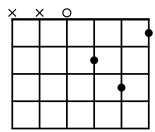


down - up

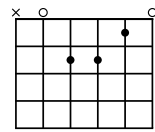
Am



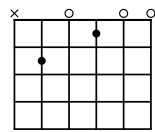
down s-a-m down down



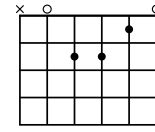
down s-a-m down up down up



down s-a-m down down



down G up down up down up



down s-a-m down rest

Repeat entire progression

## 4. Practice note names on staff below and on *note naming sheet*.

Notes in the first position:

